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## **CLAIMS**

## What is claimed is:

1. A method of measuring a material comprising:

irradiating a region of interest in the material with spatially coherent light having a first beam with a first wavelength and a second beam with a second wavelength;

directing reference light having the first wavelength and the second wavelength along an optical path having a variable path length;

detecting scattered light from the material in response to the irradiating light and detecting the reference light while varying the path length; and generating a heterodyne signal from the detected scattered light and the detected reference light.

- 2. The method of Claim 1 further comprising forming an image of the region of interest.
- 15 3. The method of Claim 1 further comprising measuring a size of a material within a region of tissue.
  - 4. The method of Claim 1 wherein the first beam and the second beam irradiate a focal area within the region of interest.
- 5. The method of Claim 1 further comprising measuring the material at a plurality of first and second wavelengths.
  - 6. The method of Claim 1 further comprising combining scattered light and the reference light and subsequently detecting the combined light.

- 7. The method of Claim 1 further comprising measuring a refractive index of a material within a region of tissue.
- 8. The method of Claim 1 further comprising recording data in electronic memory and comparing the data to reference data.
- 5 9. The method of Claim 1 further comprising using a fiber optic device to transmit light.
  - 10. The method of Claim 1 further comprising using a low coherence light source.
  - 11. The method of Claim 1 further comprising detecting backscattered light from a region of interest.
- 10 12. The method of Claim 1 further comprising adjusting a depth within the material being measured.
  - 13. The method of Claim 1 further comprising aligning the first beam and the second beam to overlap at the region of interest.
  - 14. An optical system for measuring a material comprising:
- a light source and an optical system that irradiates a region of interest in a material with spatially coherent light having a first beam with a first wavelength and a second beam with a second wavelength;
  - a reference light beam having the first wavelength and the second wavelength along an optical path having a variable path length;
- an actuator that adjusts the variable path length;

a detector system that detects scattered light from the material in response to the irradiating light and detects the reference light while varying the path length, the detector system generating a heterodyne signal from the detected scattered light and the detected reference light.

- 5 15. The system of Claim 14 further comprising a scanning assembly that scans the first beam and the second beam across the material such that an image of the region of interest.
  - 16. The system of Claim 14 further comprising a data processor that computes a size of size tissue structure within the region of interest.
- 10 17. The system of Claim 14 wherein the first beam and the second beam irradiate a focal area within the region of interest.
  - 18. The system of Claim 14 further comprising a light source emitting a plurality of first and second wavelengths.
- The system of Claim 14 wherein the light source comprises a laser system that
  generates first and second wavelengths.
  - 20. The system of Claim 14 further comprising a fiberoptic probe.
  - 21. The system of Claim 14 wherein the light source comprises a wavelength tunable laser.
- The system of Claim 14 further comprising a scanner that alters a beam paththrough the material.

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- 23. The system of Claim 22 wherein the scanner alters an angle of the beam path relative to the material.
- 24. The system of Claim 14 further comprising a time correlation system.
- 25. The system of Claim 14 further comprising a fiber optic coupler and an interferometer.
  - 26. The system of Claim 16 wherein the structure comprises a cell or a cell nucleus.
  - 27. The system of Claim 14 further comprising a computer having a memory with stored reference data.
  - 28. A method of analyzing a material comprising:

detecting scattered light from the material in response to irradiating light and detecting a reference light while varying a path length;

generating a heterodyne signal from the detected scattered light and the detected reference light; and

comparing the heterodyne signal with reference data.

- 15 29. The method of Claim 28 further comprising forming an image of the region of interest.
  - 30. The method of Claim 28 further comprising determining a size of a material within a region of tissue.
- The method of Claim 28 wherein a first beam and a second beam irradiate a focal area within a region of interest of the material.

- 32. The method of Claim 28 further comprising detecting light from the material at a plurality of first and second wavelengths.
- 33. The method of Claim 28 further comprising combining scattered light and the reference light and subsequently detecting the combined light.
- 5 34. The method of Claim 28 further determining a refractive index of a material within a region of tissue.
  - 35. The method of Claim 28 further comprising recording data in electronic memory and comparing the dat to reference data.
- 36. The method of Claim 28 further comprising using a fiber optic device to collectlight.
  - 37. The method of Claim 28 further comprising using a low coherence light source.
  - 38. The method of Claim 28 further comprising detecting backscattered light from a region of interest.
- The method of Claim 28 further comprising adjusting a depth within the materialbeing measured.
  - 40. The method of Claim 28 further comprising aligning the first beam and the second beam to overlap at the region of interest.